

Appendix C. Example of care requirements

| Client Number | Postcode | Day | Start Time | End Time | Duration Minutes | Home Care Activities | | | |
|---------------|----------|-----|------------|----------|------------------|------------------------------|------------------------------|----------------------------|------------------------------|
| | | | | | | | | | |
| 1 | * | 4 | 8:45 | 10:15 | 90 | Meal Preparation | Continenence Care-Pad change | Prepare Drinks-Hot drink | Bed Bath |
| 2 | * | 1 | 18:01 | 18:31 | 30 | Personal Hygiene-Simple wash | Prepare For Bed | Assist To Bed - Equipment | Continenence Care-Pad change |
| 3 | * | 5 | 8:00 | 8:30 | 30 | Transfers-Assist from bed | Dressing and Undressing | Make Bed | Deliver Meals |
| 4 | * | 3 | 20:30 | 21:15 | 45 | Prepare Drinks-Cold drink | Update-write | Assist To Bed - Equipment | Prepare Hot Water Bottle |
| 5 | * | 1 | 9:05 | 9:50 | 45 | Joint Care Social Services | Continenence Care-Pad change | Check Bed/Change | Update-write |
| 6 | * | 1 | 19:56 | 20:26 | 30 | Prepare For Bed | Assist To Bed - Equipment | Joint Care Social Services | Continenence Care-Pad change |
| 7 | * | 1 | 8:11 | 8:56 | 45 | Dressing and Undressing | Continenence Care-Pad change | Assist From Bed | Shower |
| 5 | * | 7 | 9:05 | 9:50 | 45 | Continenence Care-Pad change | Check Skin Condition | Dressing and Undressing | Assist From Bed |
| 6 | * | 7 | 10:00 | 11:00 | 60 | Assist From Bed | Joint Care Social Services | Make Bed | Continenence Care-Pad change |
| 6 | * | 6 | 10:00 | 11:00 | 60 | Assist From Bed | Joint Care Social Services | Make Bed | Continenence Care-Pad change |
| 6 | * | 1 | 10:00 | 11:00 | 60 | Bed Bath | Joint Care Social Services | Make Bed | Continenence Care-Pad change |
| 8 | * | 1 | 11:05 | 11:35 | 30 | Dressing and Undressing | Make Bed | Drinks-Hot drink | Bed Bath |
| 5 | * | 7 | 18:30 | 19:00 | 30 | Check Skin Condition | Continenence Care-Pad change | Simple Wash | Joint Care Social Services |
| 7 | * | 6 | 8:11 | 8:56 | 45 | Dressing and Undressing | Continenence Care-Pad change | Make Bed | Shower |
| 6 | * | 7 | 19:56 | 20:26 | 30 | Prepare For Bed | Assist To Bed - Equipment | Joint Care Social Services | Joint Care Social Services |
| 8 | * | 6 | 11:05 | 11:35 | 30 | Dressing and Undressing | Make Bed | Prepare Drinks-Hot drink | Bed Bath |
| 8 | * | 7 | 11:05 | 11:35 | 30 | Dressing and Undressing | Make Bed | Prepare Drinks-Hot drink | Bed Bath |
| 7 | * | 7 | 8:11 | 8:56 | 45 | Dressing and Undressing | Continenence Care-Pad change | Shower | Assist From Bed |
| 7 | * | 1 | 17:45 | 18:15 | 30 | Continenence Care-Pad change | Update-write | Empty Commode | Joint Care Social Services |
| 5 | * | 6 | 9:05 | 9:50 | 45 | Continenence Care-Pad change | Check Skin Condition | Dressing and Undressing | Assist From Bed |
| 7 | * | 6 | 17:45 | 18:15 | 30 | Continenence Care-Pad change | Update-write | Empty Commode | Joint Care Social Services |
| 7 | * | 7 | 17:45 | 18:15 | 30 | Continenence Care-Pad change | Update-write | Empty Commode | Joint Care Social Services |
| 6 | * | 6 | 19:56 | 20:26 | 30 | Continenence Care-Pad change | Assist To Bed - Equipment | Joint Care Social Services | Continenence Care-Pad change |
| 5 | * | 6 | 18:30 | 19:00 | 30 | Check Skin Condition | Continenence Care-Pad change | Simple Wash | Joint Care Social Services |
| 9 | * | 1 | 12:10 | 12:40 | 30 | Continenence Care-Pad change | Wash Dishes | Toilet | |
| 9 | * | 7 | 12:10 | 12:40 | 30 | Continenence Care-Pad change | Wash Dishes | Toilet | |
| 9 | * | 1 | 17:00 | 17:30 | 30 | Continenence Care-Pad change | Wash Dishes | Meal Preparation | Toilet |
| 9 | * | 6 | 17:00 | 17:30 | 30 | Continenence Care-Pad change | Wash Dishes | Meal Preparation | Toilet |